

Washington State



Jean Gulden - 4-H Volunteer & Mother

4-H Efforts:

Jean's passion is the equestrian program. Her interest in horses coupled with a unique view of safety and potential for head injuries has kept her involved in the 4-H equestrian program and gave her the drive to spend the many hours raising funds and directing the horse helmet safety video. Jean received the National Partner-In-4-H Award for her equestrian safety work. She has also been recognized by several trauma oriented groups and equestrian organizations.

Hometown: Spokane, Washington

Nominated by: Washington State
4-H Foundation

Year Inducted: 2002

"My conviction about the need for protective headgear came from not one event, but rather a number of them, spread over thirty years of involvement with horses and being a 4-H adult volunteer."

Jean Gulden has demonstrated remarkable leadership and commitment to the nation's youth by her initiation and stewardship of the horse helmet safety video "Every Time.....Every Ride". This video has been distributed to all 50 states, has received commercial television time in Great Britain and aired on many U.S. PBS stations. With minimal professional staff support, Jean raised over \$35,000 to produce the video, wrote the script, and co-produced the video.

Truly, Jean Gulden is an empowered volunteer who has made 4-H safer for thousands of young people. She has also been honored with the National Partner-In-4-H Award which is 4-H's highest award presented to individuals, businesses, organizations, associations, foundations, groups, government bodies and other institutions who have worked closely with the Cooperative Extension System in support of the 4-H program nationally.



Jean receives National Partner-In-4-H Award from Sam Smith, President of Washington State Univ., Jim Zuiches (Dean, College of Ag & Home Ec) and Linus Tumbleson (Exec. Dir., Washington State 4-H Foundation).