

## Arizona 2003

### Sarah I. Harman Arizona Assistant State 4-H Leader



4-H Stats: West Virginia 4-H member and Agent; Arizona Assistant State 4-H Leader. Received University of Arizona College of Agriculture and Life Sciences' Lifetime Achievement Award and Western Regional NAE4-HA's American Spirit Award. Founding member of WV and AZ 4-H Agent's Associations. NAE4-HA charter member and president. Member 4-H history committee.

Sarah joined 4-H at age ten, became a volunteer leader then agent for 13 years in her home West Virginia county. During her 23-year career in Arizona, Sarah served as a mentor for 4-H agents by encouraging professional development. She pioneered networking with other youth-serving organizations and excelled in volunteer leadership development.

Her life-long interest in camping and outdoor recreation provided opportunities to help 4-H agents establish strong programs with families in their communities. She was active in the American Camping Association, the Arizona 4-H Youth Foundation and a member and officer in many local organizations

Hometown: Born Elkins, WV;  
lived Tucson, AZ, since 1957.  
Nominated by: Arizona Association  
of Extension 4-H Agents  
Year Inducted: 2003

"Since age 10, my life has revolved around 4-H, which has given me special opportunities to be part of the growth and development of hundreds of youth and adults. My rewards are many valued and lasting friendships. I believe my greatest contributions have been through the volunteer leadership development, camping and outdoor educational programs."



AZ state leadership team: Sarah Harman, Paul Drake, Beryl Burt and Howard Jones doing program planning.



Sarah Harman encouraging the AZ National 4-H Conference Delegation onto the plane - 1963.



Sarah and other state staff at a 4-H event in 1970's.