

# National 4-H Hall of Fame 2013

## State



**Virgie B. Foreman**  
4-H Volunteer

Home: Indian Bayou, LA

Nominated by: Louisiana 4-H

### Major 4-H Accomplishments:

4-H member, 61-year 4-H volunteer with 25 years as 4-H organizational leader. Charter member of The Vermilion Parish 4-H Foundation, Vice-Chairman of Vermilion Parish 4-H Foundation Board, member of the parish and state 4-H advisory committees, formed the Vermilion Parish VFC Scholarship Fund for students enrolled in Home Economics or Agriculture, developed a fund to defray cost of 4-H camp and 4-H University for 4-H members. **Honors:** Louisiana 4-H Hall of Fame, Friend of 4-H award, State Friend of Extension Award, State 4-H Alumni Leader Award, Louisiana Cattle Festival Citizen of the Year, 1982 Vermilion Parish 4-H Achievement Day dedication, Louisiana's First Lady Award for work with youth.

### Biography:

At the age of 92, Mrs. Virgie B. Foreman has enjoyed all of her 61 years as a 4-H volunteer, including over 25 years as a local 4-H club organizational leader, making a difference in the lives of 4-H youth in Vermilion Parish and beyond. She is involved with fundraising for scholarships, judging at Achievement and Demonstration Days, Food Cookery and Good Grooming Contest, and 4-H records judging. She assisted in raising \$75,000 to operate the 4-H program and established an award in memory of her late husband recognizing the 4-H club that raises the most money for the 4-H Foundation. She assisted in collecting over \$30,000 for St. Jude Children Research Hospital in conjunction with the 4-H Trail Ride.

Foreman was instrumental in helping to build the Vermilion Extension Office and Exhibition facility. She was an original member of the Vermilion Parish Building Committee in 1977. She testified for 4-H before the state legislative budget committee and the Board of Regents. She served on the committee to build a cabin at 4-H Camp Grant Walker. She taught child obesity workshops to 4-H members in the 1980s and 1990s. In addition to all this, Virgie served as a PTA member, FHA Mother, Band and Beta Club Chaperone, Indian Bayou and Maurice Fire Department Fund Raiser, Commissioner and Deputy Custodian of voting machines, Catholic Catechism, and Vermilion Volunteers Parish President for 11 years.

### Quote:

Each of you has special leadership abilities; use them to help others. The ideal gift is you. Give an hour of your time, a note of encouragement, a hug of affirmation, a visit, a meal you prepare, a word of compassion or a deed of kindness. Always think positive.



Virgie presents program to 4-H officers and members on leadership, citizenship and responsibilities.



Annual trophy presented by Virgie in memory of her husband to 4-H club raising most money for Vermilion 4-H Foundation.



Importance of nutrition program presented to 4-H members at schools by Virgie and a club member